Position	Bib	Name	Category	Club	Time
1	86	Rob Jowett	Senior Male	Sale Harriers	00:29:27.29
2	11	Oliver Bernstein	Senior Male	Chorlton Runners	00:31:15.23
3	20	Craig Bradbury	Male Vet 41-50	Sale Harriers	00:32:02.37
4	57	Rob Flannery	Senior Male	Sale Harriers	00:32:34.81
5	97	Alex Masidlover	Male Vet 35-40	Gatley Runners	00:32:46.53
6	14	Brian W Birkmyre	Senior Male	Chorlton Runners	00:32:56.69
7	45	Sarah Douglas	Senior Female	Sale Harriers	00:33:12.91
8	132	Aidan Raftery	Male Vet 51+	Sale Harriers	00:33:34.05
9	88	Richard Kennaug	Male Vet 41-50	Unaffiliated	00:33:38.50
10	70	Rick Healy	Male Vet 41-50	Dragons Running Club	00:33:57.90
11	161	Paul Wardle	Senior Male	Unaffiliated	00:34:30.87
12	2	David Adams Str	Male Vet 35-40	Unaffiliated	00:34:35.47
13	166	Rich White	Male Vet 41-50	Glossopdale Harriers	00:34:42.45
14	110	John Morris	Male Vet 35-40	Sale Harriers	00:34:58.52
15	3	Helen Armitage	Female Vet 41-50	Sale Harriers	00:35:08.77
16	179	Sarah Harris	Senior Female	Manchester Triathlon Clu	
17	12	Zoe G	Female Vet 41-50	Chorlton Runners	00:36:06.23
18	50	Thomas Egglesto	Male Vet 41-50	Unaffiliated	00:36:31.18
19	149	Jane Thomas	Senior Female	Sale Harriers	00:36:38.26
20	180	Bradley Johnson	Male Vet 41-50	Altrincham & District AC	00:36:40.48
21	66			Unaffiliated	00:36:56.33
22	62	Duane Gaunt	Senior Male	Sale Harriers	00:37:02.86
23	27	Peter Buckles	Male Vet 41-50	Infinity Fitness Bootcamp	00:37:21.81
24	6	Melanie Barber	Female Vet 35-40	Manchester Harriers	00:37:27.30
25	34	Sean Collins	Senior Male	Unaffiliated	00:37:29.30
26	58	Nick Fogarty	Male Vet 41-50	Lymm Runners	00:37:32.25
27	160	Charlie Walker	Senior Male	Chorlton Runners	00:37:34.02
28	129	Tristan Pocock	Male Vet 41-50	Dragons Running Club	00:37:47.53
29	176	John Battersby	Male Vet 51+	Sale Harriers	00:38:08.30
30	116	Jonathan Oldbur	Senior Male	Mile Shy Club	00:38:09.46
31	104	Liam Mellon	Senior Male	Hyde striders	00:38:31.39
32	174	Frankie Yan	Male Vet 35-40	Hyde striders	00:38:31.95
33	178	Steven Cullen	Male Vet 41-50	Unaffiliated	00:38:33.90
34		Scott Peters	Senior Male	Unaffiliated	00:38:44.54
35		Matthew Egan	Male Vet 41-50	Unaffiliated	00:38:46.71
36	1		Female Vet 35-40	Dragons Running Club	00:38:47.27
37	60	Glen Gandy	Male Vet 51+	Manchester Harriers	00:39:10.17
38	32	Louise Casey	Female Vet 35-40	Warrington running club	00:39:13.66
39	157	Mark Turner	Male Vet 41-50	Chorlton Runners	00:39:21.39
40	1		Male Vet 41-50	Salford Mets	00:39:27.16
41	113	Paul Muldoon	Senior Male	Winston Runners	00:39:35.86
42	148	Tracey Taylor	Female Vet 35-40	Sale Harriers	00:39:59.50
43		Scott Willis	Male Vet 35-40	Dragons Running Club	00:40:05.75
44	1		Male Vet 51+	Gatley Runners	00:40:06.41
45		Andrew Buskiew		Unaffiliated	00:40:12.15
46			Male Vet 51+	Unaffiliated	00:40:12.61
47			Male Vet 41-50	Unaffiliated	00:40:20.10

48	10	Daul Prackley	Senior Male	Unaffiliated	00:40:22.31
49	59	Paul Brackley  Matt Foster	Senior Male	Unaffiliated	00:40:26.88
50		Anthony Paul Go		Unaffiliated	00:40:28.85
51					
	83		Senior Male	Unaffiliated	00:40:34.91
52	108	3	Senior Male	Unaffiliated	00:40:48.03
53	114	John Neate	Male Vet 51+	Unaffiliated	00:41:05.00
54	85		Male Vet 35-40	Chorlton Runners	00:41:13.80
55	22		Male Vet 41-50	Unaffiliated	00:41:44.97
56	143	Jen Sherstone	Female Vet 41-50	Unaffiliated	00:41:55.74
57	119	Stuart Oram	Male Vet 35-40	Unaffiliated	00:42:06.19
58		Andy Dennison	Male Vet 41-50	Sale Harriers	00:42:10.99
59	168	,	Female Vet 35-40	Mile Shy Club	00:42:11.44
60		Andrew Skett	Male Vet 51+	Lymm Runners	00:42:13.51
61	137		Female Vet 35-40	Chorlton Runners	00:42:18.59
62	46			Unaffiliated	00:42:25.56
63	64	Michael Glennon		Unaffiliated	00:42:27.88
64		Alan leonard	Male Vet 41-50	Manchester Triathlon Clu	
65	115	Felicity Nelson	Senior Female	Dragons Running Club	00:42:57.84
66	120	Emma Orton	Female Vet 35-40	Gatley Runners	00:42:59.71
67	75	Trevor Holliday	Male Vet 35-40	Unaffiliated	00:43:02.29
68	79	Thomas Hughes	Male Vet 35-40	Unaffiliated	00:43:07.44
69	130	Anna Preston	Senior Female	Unaffiliated	00:43:40.98
70	168	Jane WilbyPalme	Female Vet 35-40	Mile Shy Club	00:43:46.30
71	109	Chris Morris	Male Vet 35-40	Unaffiliated	00:43:49.95
72	42	Jonathan Dee	Male Vet 41-50	Unaffiliated	00:43:52.73
73	145	Paul Steane	Male Vet 51+	Unaffiliated	00:43:54.00
74	187	Emma Wells	Female Vet 35-40	Unaffiliated	00:44:11.90
75	35	Joseph Connor	Male Vet 35-40	Bramhall Runners	00:44:21.13
76	15	Nathan Booth	Senior Male	Unaffiliated	00:44:28.54
77	117	Fran ONeill	Female Vet 41-50	Unaffiliated	00:44:43.12
78	140	Samantha Saund	Female Vet 35-40	Dragons Running Club	00:44:53.24
79	91	Amelie Latham	Female Vet 35-40	Sale Harriers	00:44:56.44
80	52	Mark Evans	Male Vet 41-50	Dragons Running Club	00:44:59.69
81	164	Joanne Wetton	Female Vet 41-50	Choriton Runners	00:45:13.31
82	69	Jill Hatton	Female Vet 35-40	Dragons Running Club	00:46:05.64
83	171	David Williamsor	Male Vet 41-50	Swinton RC	00:46:15.66
84	55	Mark Ferns	Male Vet 51+	Unaffiliated	00:46:17.19
85	5	Emma Banister	Female Vet 41-50	Chorlton Runners	00:46:18.48
86	106	Jean Milton	Female Vet 51+	Dragons Running Club	00:46:48.18
87	128	David Piper	Senior Male	Unaffiliated	00:46:51.70
88	37	Andrew Cunning	Male Vet 35-40	Unaffiliated	00:46:53.50
89	136	Sarah Rochford	Senior Female	Dragons Running Club	00:46:54.35
90	122	Geoff Paley	Male Vet 35-40	Unaffiliated	00:47:02.23
91	141	Andrew Scialpi S	Male Vet 51+	Unaffiliated	00:47:05.65
92	82	Diane Jacob	Female Vet 35-40	Unaffiliated	00:47:14.00
93	90	Graham Kitchen	Male Vet 51+	Dragons Running Club	00:47:14.40
94	158	Nicole van den V	Female Vet 41-50	Dragons Running Club	00:47:20.97
95	181	Mark Kenny	Senior Male	Burnden Road Runners	00:47:37.85
96	99	Lucy McGill	Female Vet 35-40	Dragons Running Club	00:47:45.12
97	135	Kathryn Roberts	Female Vet 51+	Warrington running club	00:47:46.20
98	102	Phil Mckiernan	Male Vet 35-40	Chorlton Runners	00:47:48.25

00	400	Cuerno Madue	Caniar Famala	Manahastar Triathlan Chi	00.40.02.04
99		Emma Medus Rachel Mellor	Senior Female Female Vet 35-40	Manchester Triathlon Clu Dragons Running Club	00:48:03.94
100			Male Vet 41-50		00:48:36.92
-		Andy Redford	Male Vet 41-50	Dragons Running Club Unaffiliated	
102		Chris Bridges			00:48:37.56
103	44			Dragons Running Club	00:48:46.87
104	175	Dennis Yarwood		Spectrum Striders	00:48:49.97
105		Beth Evens	Female Vet 41-50	Unaffiliated	00:49:00.97
106		Alison Pallister	Female Vet 41-50	Chorlton Runners	00:49:09.34
107	67	Beth Hardie	Female Vet 35-40	Gatley Runners	00:49:14.03
108	167	Martha Whiteheh		Unaffiliated	00:49:14.78
109		Helen Toyne	Female Vet 41-50	Vegan Runners	00:49:17.96
110		Chris Toyne	Male Vet 41-50	Unaffiliated	00:49:58.95
111	31	Sam Carey	Female Vet 35-40	Unaffiliated	00:49:59.50
112		,	Female Vet 35-40	Unaffiliated	00:50:06.98
113	30		Senior Male	Unaffiliated	00:50:07.26
114			Male Vet 35-40	Chorlton Runners	00:50:14.16
115	94	Elizabeth lewis	Female Vet 41-50	Unaffiliated	00:50:34.68
116	18	Helen Brackley	Female Vet 35-40	Unaffiliated	00:50:39.75
117	131	Abigail Radford	Female Vet 35-40	Dragons Running Club	00:50:43.93
118	146	Rachel Stone	Female Vet 35-40	Unaffiliated	00:50:44.25
119	96	Jennifer Lutton	Female Vet 35-40	Winston Runners	00:50:53.03
120	4	Jane Ash	Female Vet 41-50	Gatley Runners	00:51:17.02
121	49	Sandra Egan	Female Vet 41-50	Unaffiliated	00:51:40.27
122	95	Alison Lord	Female Vet 35-40	Unaffiliated	00:51:40.62
123	10	Hilary Beach	Female Vet 41-50	Unaffiliated	00:51:40.92
124	72	Laura Hirst	Female Vet 35-40	Unaffiliated	00:51:46.27
125	89	Andrew Kindleys	Senior Male	Infinity Fitness Bootcamp	00:51:54.34
126	139	Jamie Rudette	Senior Male	Unaffiliated	00:51:55.22
127	127	Toni Phoenix	Female Vet 35-40	Unaffiliated	00:52:47.21
128	71	Holly Hill	Female Vet 41-50	Unaffiliated	00:52:51.89
129	84	Nan Johnson	Female Vet 41-50	Unaffiliated	00:53:03.03
130	9	Rosie Bastow	Female Vet 35-40	Unaffiliated	00:53:04.31
131	25	David Bryden	Male Vet 41-50	Choriton Runners	00:53:12.88
132	33	Ryan Chrysler	Male Vet 41-50	Unaffiliated	00:53:16.13
133	138	Ali Roskell	Female Vet 41-50	Chorlton Runners	00:53:27.58
134	101	Helen Mckay	Female Vet 41-50	Unaffiliated	00:53:50.52
135	21	Richard Braddoc	Senior Male	Unaffiliated	00:54:12.33
136	92	Katharine Lay	Female Vet 41-50	Dragons Running Club	00:54:31.94
137	76	Kate Holloway	Female Vet 41-50	Unaffiliated	00:54:44.60
138	152	Sue Thurrold	Female Vet 51+	Unaffiliated	00:54:45.39
139	68	Kevin Hardman	Male Vet 51+	Swinton RC	00:54:56.37
140	8	Yvonne Barry	Female Vet 35-40	Chorlton Runners	00:55:05.36
141	124	Jenny Peers	Female Vet 41-50	Warrington running club	00:55:28.66
142	156	Alison Turner	Female Vet 41-50	Unaffiliated	00:56:36.46
143	142	Deb Sharman	Female Vet 35-40	Dragons Running Club	00:56:58.03
144	17	Rachel Boyle	Female Vet 35-40	Unaffiliated	00:56:58.48
145	147	Gareth Storey	Male Vet 35-40	Unaffiliated	00:57:33.13
146	78	Asher Horsefield	Female Vet 35-40	Unaffiliated	00:58:00.22
147	73	Helena Hodgson	Female Vet 41-50	Unaffiliated	00:58:06.44
148	118	Sarah Oram	Female Vet 35-40	Chorlton Runners	00:58:29.44
170		Caran Grain			00.00.20

151	39	Chris Darlaston	Male Vet 41-50	Unaffiliated	01:01:11.12
152	77	Chris Horricks	Senior Male	Dragons Running Club	01:02:19.69
153	41	James Davies	Male Vet 41-50	Unaffiliated	01:03:25.71
154	123	Helen Parker	Female Vet 51+	Unaffiliated	01:03:55.38
155	24	Ria Bright	Female Vet 41-50	KACAC	01:23:19:38